

School Counseling Plan 2020-2021

Mr. Thomas Zafuto, School Counselor

Counseling Center Vision

The Counseling Center supports the emotional and physical growth of children through the integration of a variety of resources that ensure the health and safety of students in school.

Counselor & Counseling Center Goals

The Geraldine J. Mann Elementary School Counseling Center will:

- Assist students, teachers and families in promoting healthy childhood development.
- Create opportunities for students to be successful through individual and group counseling, consultation, coordination, advocacy, parent assistance and acting as a community services liaison.
- Support a child centered, stimulating and culturally diverse environment that fosters the development of productive life-long learners.
- Provide students assistance in academics, social emotional development, and beginning to understand the opportunities for future education and employment as aligned with the NYS Standards.

Distribution of Total School Counseling Center Time

Counselor Service Component	Percentage of Time Allocated
Direct Services	50%
Responsive Services	40%
System Support Services	10%

Counselor Direct Student Services Summary (50%)

School Counselor Core Curriculum

The School Counselor meets monthly with each classroom to teach lessons that will help students be successful in and out of the school environment and provide all students with the knowledge and skills appropriate for their developmental level.

Individual Counseling

School Counselors work directly with students, families and support staff on deescalating or dealing with personal issues that arise both in school and in their personal lives that prevent them from being academically and/or socially/emotionally successful.

Group Counseling

School Counselors work with small groups to address and work on shared or similar needs.

Character Education

School Counselors will address/teach character education to enhance students' ability to be well-rounded students.

Counseling Topics may include but are not limited to:

Anger management Character education Safety & Calling 911 Coping skills Career Planning Meet the Counselor

Friendship Skills Feelings Attendance

Personal & Dental Hygiene Decision Making Drug/Alcohol Awareness

Grief & Loss Positive Behavior Stranger Danger
Good Touch/Bad Touch Organizational Skills Self-awareness

Internet Safety Bullying & Dignity Act Be a Buddy, Not a Bully

Social Skills Acceptance of Self and Others Mindfulness

Counselor Responsive Services Summary (40%)

Individual Counseling

School Counselors work directly with students, families and support staff on deescalating or dealing with personal issues that arise both in school and in their personal lives that prevent them from being academically and/or socially/emotionally successful.

Small Group Counseling

School Counselors include all parties that are involved in a crisis to deescalate, foster sharing, differentiate between each other's perceptions, and provide support.

Crisis Response

School Counselors provide short term intervention in response to emergent student issues. As mandated reporters, they will hotline any suspected risks, assist Child Protective Services (CPS), Law Guardians, Truancy Officers, and other agencies on an as needed basis. School Counselors also communicate with Crisis Services to support students and families that are in crisis.

Home visits

School counselors, with the assistance of another staff member, will conduct home visits on an as needed basis.

Dignity for all Students (DASA) Coordinator

New York State's Dignity for All Students Act (The Dignity Act) seeks to provide students with a safe and supportive environment, free from discrimination, intimidation, taunting, harassment, and bullying on school property, the school bus and at school functions.

Counselor System Support Services Summary (10%)

Community Agency Referrals

Mental Health Counseling, CPS, Law Guardians, Domestic Violence, Basic Needs (food, clothing, shelter) Coordination with gateway Services, Focus on Families and Food Banks

Student Support

The School Counselor is a member of the Student Teacher Action Response Team (START) contributing to the development of Section 504 Plans, Referrals to the Committee on Special Education (CSE), Functional Behavioral Assessments and the Development of Behavior Intervention Plans.

School Comprehensive Education Plan Action Step - Student Perceptions

The School Counselor will survey teachers and students to identify students in need of social emotional support and topics for direct instruction. Classroom instruction, small group counseling and individual counseling will be scheduled based on the data obtained.

Attendance Team

The School Counselor tracks student attendance data, identifies trends and coordinates interventions that include parent phone calls, letters, home visits, parent meetings, referrals to agencies and Child Protective Services (CPS).

School Comprehensive Education Plan Action Steps - Chronic Absenteeism

- The School Leader and School Counselor will establish communication with at risk students' families in advance of and during the first month of school to reinforce the importance of school attendance. At risk students will be considered candidates for the development of formal attendance intervention plans. Policies and procedures for student referral to the School Counseling Center will be emphasized. Students in need of a formal attendance intervention plan will be identified and a plan will be developed.
- The School Counselor will maintain a record of individual student attendance intervention activities that include check ins, parent calls, home visits and agency communication/referrals. A log of attendance intervention contacts/activities by student will be maintained.
- The School Counselor will survey teachers to identify students with social emotional needs and learning topics for whole class and/or small group School Counselor contact.
- The School Leader and School Counselor will conduct weekly classroom visits, deliver morning announcements and media communication that encourages regular school attendance.
- The School Counselor will exclusively dedicate the first hour of each school day to attendance intervention activities.

Niagara Falls City School District Counseling Plan Goals - PK-6 Completed at all District Elementary Schools

Goal 1: Provide students with access to supports that promote positive social-emotional learning and strategies for good mental health.

Target Population: All students Grades Pre-K to 6.

Expected Outcomes:

- Students will understand available resources and how to utilize them.
- Students will learn how to self-monitor, know when to ask for help and work toward solving his/her own problems.
- Students will accept and respect their own uniqueness and others as a result of learning, growth, and individual, group and classroom lessons and meetings.

Evaluation:

- Completion of individual goals.
- Counseling log
- If applicable: increased compliance with Tier 2 behavior plans.
- End of the year district survey.
- Student surveys
- Teacher surveys
- Counseling core curriculum lesson calendar with a variety of topics.

ACTIVITIES	TARGET GROUP	STAFF	RESOURCES	DATES
Meet the Counselor	All students	School Counselors	Introductory Lesson	September
Classroom Lessons	All students	School Counselors	Lessons & Character Traits	September-June
Individual Counseling	Students as Referred	School Counselors	Gateway Longview	September-June
Small Group Counseling	Students as	School Counselors	Parent, Staff & Agency	September-June
Lunch Groups	Referred			
START Meetings	Students as Referred	START & Staff	PEP & Instructional Coach	September-June
Liaison with Agencies	Students and Families in Need	School Counselor Social Worker Dean	B.E.S.T. Program, Gateway, Northpointe Council, Be Cool Be in School, Foreign Language Services	September-June
Home Visits	Students in Need	School Counselor	Be Cool Be in School,	*As Needed
Parent Meetings		Dean Classroom Teacher	Foreign Language Services	
Student of the Month	All Students	Staff	Parents	September-June
Conferences	Students in Need	Teacher, Psychologist, Social Worker, School Counselor, Administration	Parent, Staff & Agency	September-June
Tiered Intervention	Students in Need	School Counselor, START	Teacher, School Psychologist, Staff, Assessment data	September-June
Promotion of Services	All Students &	School Counselor,	School Counselor, Agencies	September-June
Best practices	School	Social Worker,		
	Community	Dean		
Character Counts	All Students	All School Staff	Blue Tickets	September-June

Goal 2: Provide the necessary resources and supports for all students to attend school regularly and to ensure that all students have equitable access to all school programs.

Target Population: All students Grades Pre-K to 6.

Expected Outcomes

- Students, parents and guardians will acknowledge that educational success depends on regular attendance.
- Student attendance rates will improve.
- Success in the classroom and school environment.

Evaluation:

- Student attendance records.
- Increased student participation in school activities both during and after school.
- Counseling core curriculum lesson calendar with a variety of topics.

ACTIVITIES	TARGET GROUP	STAFF	RESOURCES	DATES
Classroom Lessons	All Students	School Counselor, Social	Lessons & Character Traits	September-June
		Worker		
Family Contacts	Students at Risk,	Teachers, School	Phone Calls, Letters, CPS	September-June
	Chronically	Counselor, Social Worker,	Home Visits, Agencies, Log	
	Absent	PSA, Administrator		
Attendance Team	All Students	Administration, School	Parent, Staff & Agency	September-June
		Counselors, Social Workers		
		PSA		
Attendance	Students at Risk,	School Counselor, Social	START	September-June
Celebrations	Chronically	Worker		
	Absent			
Home Visits	Students in Need	Social Worker, School	Be Cool Be in School,	*As Needed
		Counselor, Dean	Foreign Language Services	
Attendance Awards	All Students	School Counselor	Attendance Data	September-June
		PSA, Administrator		

Goal 3: To create a positive learning environment that promotes long-term academic and career success.

Target Population: All students Grades Pre-K to 6.

Expected Outcomes:

- Students in Pre-K to 6 will have the ability to set short and long-term goals.
- Students in grade 6 will have an idea of future career goals.
- Students in grade 6 will be orientated into what they can expect for Prep school.

Evaluation:

- Completion of individual goals for 6th graders.
- Counseling core curriculum lesson calendar with a variety of topics.

ACTIVITIES	TARGET GROUP	STAFF	RESOURCES	DATES
Meet the	6 th Graders	School Counselors	Interest Inventory, Career Zone,	September &
Counselor			Goals & Workshops	On Arrival
Classroom	All students	School Counselors	Lessons & Character Traits	September-June
Lessons				
Transitional	6 th Graders	School Counselors	Prep School Counselors and Staff	May-June
Workshop				

District Framework for Attendance Support - Elementary Level Summary

Tier 1: School-wide steps to encourage attendance among students through effective messaging and engagement, removing barriers to good attendance, and improving school climate.	ewsletter ocial Media lassroom isits/Meetings ttendance Incentives emind and Class Dojo pplications ulletin Boards II-Calls (Positive lessage) ealth Services 1st Century Program Use as a motivator Attendance Booster Social Skills Builder	Secretary, Administrator Web Master/Coordinator Counselors, Deans, and Administrator As Assigned Classroom Teacher and Dojo Mentor As Assigned Principal, Dean, Counselor Nurse & Associates After-School Building	School Index Lions Club UB Dental Clinic Mobil Health Unit	Monthly As needed As Needed As Needed Daily Daily/Monthly As Needed Daily
Tier 1: School-wide steps to encourage attendance among students through effective messaging and engagement, removing barriers to good attendance, and improving school climate. Clavison Vis Vis Attendance and Pauring Students through effective messaging and engagement, removing barriers to good attendance, and improving school climate.	lassroom isits/Meetings ttendance Incentives emind and Class Dojo pplications ulletin Boards II-Calls (Positive lessage) ealth Services 1st Century Program Use as a motivator Attendance Booster Social Skills Builder	Counselors, Deans, and Administrator As Assigned Classroom Teacher and Dojo Mentor As Assigned Principal, Dean, Counselor Nurse & Associates After-School Building	Lions Club UB Dental Clinic	As Needed As Needed Daily Daily/Monthly As Needed
Tier 1: School-wide steps to encourage attendance among students through effective messaging and engagement, removing barriers to good attendance, and improving school climate. Pa Tier 2: Students at	isits/Meetings ttendance Incentives emind and Class Dojo pplications ulletin Boards II-Calls (Positive lessage) ealth Services 1st Century Program Use as a motivator Attendance Booster Social Skills Builder	Administrator As Assigned Classroom Teacher and Dojo Mentor As Assigned Principal, Dean, Counselor Nurse & Associates After-School Building	Lions Club UB Dental Clinic	As Needed Daily Daily/Monthly As Needed
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21 • • • Pa Tier 2: Students at	Use as a motivator Attendance Booster Social Skills Builder		Mobil Health Unit	
Pa Tier 2: Students at	Use as a motivator Attendance Booster Social Skills Builder			
Pa Tier 2: Students at	Attendance Booster Social Skills Builder	Cooudinates	Title I	Weekly
Pa Tier 2: Students at	Social Skills Builder	Coordinator		
Pa Tier 2: Students at				
Tier 2: Students at	_			
Tier 2: Students at	Academic Builder			
	arent Phone Calls	Teachers, Counselor, Dean,		As Needed
greater risk of		Attendance Team		
greater risk or	etters	Counselor		Weekly
	arent Attendance	As Assigned		As Needed
	leetings (PAM)			
1	ome Visits	Counselor, Social Worker,		As Needed
	hronic Plus 20	Agencies, Deans,		
of the school year.		Attendance Team		
	ttendance Check-ins	Teachers, Counselors,		
school days to date.		Deans		
l	ttendance Challenges	Attendance Team		As Needed
	ome Visits	Counselors, Deans,		Ongoing
the most troubled		Attendance Team,		
students, often	~~	Agencies		
involving not just CP	PS	Assigned by Attendance		Ongoing
schools but other	NC	Team Attaches		0
agencies dealing PIN with health, housing,	NS	Assigned by Attendance Team		Ongoing
	dministrator to	Principal or Assistant		Ongoing
	etition Directly to court	Principal Or Assistant		Oligonig
· •	nkage to Gateway,	START Team, Attendance		Ongoing
	erkshire Farm,	Team, Deans, Admin,		Chechie
Be	lonsignor Carr,	Counselors, Social Worker		
	sychotherapy of	Counscions, Social Worker		
	iagara, Pinnacle, Tree			
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Stu	f Life, New Directions			